

# First Nationwide Training Course: Psychedelic-Assisted Therapy in Palliative Care



## Background:

Psychological, social, and existential manifestations of distress are common consequences of the changes and losses resulting from a diagnosis with no hope of a cure. These forms of distress may lead to reductions in quality of life and wishes for hastened death as the end of life approaches. Psychedelic-assisted therapy has been investigated and used for millennia in a wide range of different contexts. In the 1960s and 1970s hundreds of cancer patients received Psychedelic-Assisted Therapy with promising results. Following a 40 year long lasting political ban, the clinical use of Psychedelic-Assisted Therapy has re-awakened. Besides a wide range of clinical research, Compassionate Use of Psychedelics for the treatment of anxiety, depression, and existential distress is now being implemented by practitioners at multiple sites in Switzerland. Furthermore, a nationwide, multi-center, randomized, double-blind, active-placebo controlled Phase II Study starting in 2024 will examine the clinical benefits of LSD in palliative care patients.

## Content:

In this 3-day long training course you will learn about the Theoretical Background of Psychedelics as well as Practical Aspects of Psychedelic-Assisted Therapy in Palliative Care. Likewise, personal aspects of the Dying Person will be highlighted. The Training Course will host leading specialists in the field (Bill Richards, Peter Gasser, Juraj Styk, and others) and it will be held in a small and familiar setting.

## Target Audience:

This Training Course is designed for Psychedelic-Assisted Therapists who would like to delve more deeply into the realms of Palliative Care as well as interested doctors, psychologists and palliative care specialists who would like to receive training in Psychedelic-Assisted Therapy.

## Note:

Self Experience in alternative states of consciousness is widely accepted and recommended as a prerequisite for therapists interested in providing Psychedelic-Assisted Therapy. The Symposium will be followed by a Self-Experience Workshop in Holotropic Breathwork on 29th November to 1st December 2024. Participation in this Course is warmly recommended.

**Event Time:** 05.04.-07.04.2024  
**Event Venue:** Seminar Hotel Wasserfallen – Switzerland  
**Event Costs:** 550 Swiss Francs, for non Swiss Residents 550 Euro

The hotel costs are not included in the price and amount to around 350-450 francs for two nights including full board, depending on the room. The reservation can be made directly via the Seminarhotel Wasserfallen.

Please register with a short letter of intent to [psychedelicpalliative@gmail.com](mailto:psychedelicpalliative@gmail.com). Closing date is 7<sup>th</sup> of February 2024. You will be informed if you have been accepted to the training course by the 13<sup>th</sup> of February.

**Note:** There are a limited number of places available.

**Note:** Credits for SGAIM, SGPP and palliative.ch are submitted.

We look forward for your participation and an inspiring training course.

Sivan Schipper, Medical Specialist Internal Medicine, Head of Palliative Care Uster Hospital  
Jonathan Häfelfinger, Medical Specialist Internal Medicine, Certificate of Competence for delegated Psychotherapy